



Blackmans Bay Childrens Services

# Blackmans Bay Childrens Services

MAY 2012

## Contact Details

Website: [www.bbchildcare.org](http://www.bbchildcare.org)

### OFFICE:

OCEAN VIEW CCC  
177B ROSLYN AVE  
BLACKMANS BAY 7052  
PO BOX 64  
BLACKMANS BAY 7052  
Ph: 6229 4914

### ACCOUNT PAYMENTS:

Can be made in person or by phone at Ocean View either by cash, cheque or eftpos, between 7:30 am and 4:00 pm.

Direct Credit to our bank account can also be made: BSB: 087-721

Acc: 63845-3703

Acc Name: BBCCC

Please ensure you have the account name or your child's name on the deposit

### Mountain View

Ph: 6227 1410

Fax: 6227 1104

### Email:

[mountainview@bbchildcare.org](mailto:mountainview@bbchildcare.org)

### Ocean View

Ph: 6229 4914

Fax: 6229 2260

### Email:

[oceanview@bbchildcare.org](mailto:oceanview@bbchildcare.org)

### BBOSHC

7:30 am – 8:30 am

3:00 pm – 6:00 pm

Ph: 6229 4199/

0427 294 199

### KOSHC

7:30 am – 8:30 am

3:00 pm – 6:00 pm

Ph: 6229 4196/

0427 294 196

### IOSHC

3:00 pm – 6:00 pm

Ph: 0408 294 917

### SAOSHC

3:00 pm – 6:00 pm

Ph: 0400 294 914



BIG CONGRATULATIONS TO  
LINDY AT MOUNTAIN VIEW  
FOR THE ARRIVAL OF MIA  
AND VINDHIYA AT OCEAN VIEW  
WHO HAD A BOY



Building has commenced at Ocean View on the new extension—which will see a room added over the car park for the Sunset Room. The children have loved watching the diggers and trucks coming and going. They sit at the window with their hard hats on watching the construction. All going to plan it should be finished November 2012.

We sadly say goodbye to Jane Love from the Sunset Room who is leaving us with her son Jesse. They are moving to Coff's Harbour to be closer to family. We wish her every luck.

We welcome Esther Patterson from Mountain View who will be the new co-ordinator of the Sunset Room



## **Children and Nature**

**Below are some interesting facts about children and their relationship with nature**

- Children are spending up to 40 to 65 hours a week using electronic devices.
- Fewer than 1 in 5 children walk or ride a bike to school.
- Childhood obesity has increased from 4% in the 1960s to 20% today.
- Children have less time for unstructured, creative play in the outdoors than ever before in human history.
- Children are happier, healthier and smarter when they connect with nature.

**Happier:** Nature play increases self-esteem, improves psychological health and reduces stress. Children learn self-discipline and are more cooperative

**Healthier:** Nature play improves physical conditioning and reduces obesity.

**Smarter:** Nature play stimulates creativity and improves problem solving. Children do better in school.

### **What can we do?**

- Take our children outside.
- Encourage nature-based, children-friendly spaces and place throughout our communities.
- Make re-connecting children, nature and the seasons a priority.
- Educate parents, grandparents and other caregivers about the cognitive, physiological, and emotional benefits to children who play outdoors on a regular basis.
- Maintain, expand or add areas of native plantings, schoolyard habitat projects, school gardens and diverse natural areas to the afterschool care or school grounds and nearby neighborhoods.
- Get parents, educators and the community involved— because nature-based learning is good for everyone.

Scott Gibson - Director OSHC

### **THANK YOU!**

“On behalf of Rick, Mia Lily and I. I’d like to thank everyone, staff and parents for their gifts, donations and emotional support since our home was devastated by fire. Your generosity has astounded us and we want to thank you from the bottom of our hearts for setting us back on the right track to rebuilding our lives. If anything good has come out of this it is that our faith in humanity has more than been restored. We are currently ‘going through the motions’ with our insurance company but hope to get paid out soon so we can start to build”

Sharon Sullivan